

Date: 10/3/25

**PREP EEC/CSPP/PALS LAUSD Breakfast, Lunch, Snack Menu  
November 3 – 7, 2025**

	<b>Monday 11/3</b>	<b>Tuesday 11/4</b>	<b>Wednesday 11/5</b>	<b>Thursday 11/6</b>	<b>Friday 11/7</b>
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
<b>Entrée</b>	Deluxe Cereal Bowl <b>V</b>	Morning Beef Sausage Sandwich (R0108)	Buttery Maple Waffle <b>V</b> (R2259)	Ham & Cheese Croissant (R0628)	Morning Magic Bagel <b>V</b> (R2292)
<b>Fruit</b>	Fresh Fruit	Fresh Fruit	Peachy Peaches (R3292)	Fresh Fruit	Fresh Fruit
<b>Milk (6 oz.)</b>	Milk	Milk	Milk	Milk	Milk
<b>Condiments</b>	-	-	-	-	Strawberry Jam
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
<b>Entrée</b>	Beef & Cheese Burrito (R0145)	Mac N Cheese <b>V</b> (R5653)	Cafe LA Burger (R0090) <b>OR</b> Cafe LA Cheeseburger (R0128)	Toasted Cheese Sandwich <b>V</b> (R1086-IW, R1159-Scratch)	Orange Chicken & Broccoli Rice Bowl (R5626)
<b>Vegetable</b>	Tropical Trio Slush (CMS #2665, R4524)	Romaine Mix Salad (R4210)	Roasted Potato Wedges (R4370)	Golden State Juice (CMS #1485, R4666)	<i>Broccoli in Entree</i>
<b>Fruit</b>	Fresh Fruit	Frozen Strawberry Cup (CMS #2952, R3030)	Fresh Fruit	Fresh Fruit	Strawberry Creamsicle (CMS #2861, R3853)
<b>Milk (6 oz.)</b>	Milk	Milk	Milk	Milk	Milk
<b>Condiments</b>	BBQ Sauce, Ketchup (R7043)	Ranch	Ketchup (R7043), Mayo, Mustard	-	-
<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>	<b>SNACK</b>
<b>Grain</b>	Cheez-It Crackers (CMS #1239)	Belvita Cinnamon Crackers (CMS #1447)	Food & Nutrition Crackers (CMS #1590) Cheese Plank (CMS #2525)	Cheez-It Crackers (CMS #1239)	Food & Nutrition Crackers (CMS #1590)
<b>Milk (6 oz) OR Meat/Meat Alt</b>	Milk	Peach Yogurt 4 oz. <b>V</b> (CMS #7156-DW, #9159-CB)	Milk	Milk	Milk

**All the Grain/Bread items served are whole grain rich.**

**V** = Vegetarian

**Milk: Offer One Milk Choice** - Low-Fat Milk 6 oz. However, if requested by parent/guardian, an individual carton of Fat-Free Milk (DW only) or Fat-Free Lactose Free Milk may be given to a specific student.

**Deluxe Cereal Bowl**

Cinnamon Toast Crunch (CMS #1623)	Honey Cheerios (CMS #1442)
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**Fresh Fruit** Options below can be used any time in place of canned or frozen fruit cup/slushes.

Apple (CMS#3800, R3084)	Apple Slices, Green (CMS #3417, R3001)	Banana (CMS #3204, R3005)	Kiwi (CMS# 3846, R3288)	Orange (CMS #3093, R3148)
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